

**NORWICH AND DISTRICT  
WEDNESDAY RUNS 2020**

17/10/2019

<b>Date</b>	<b>Event</b>	<b>Start time</b>	<b>Start Location</b>	<b>Finish Location</b>	<b>Contact</b>	<b>Cost</b>	<b>Description</b>
13/05/20	Ranworth Broad Run	12 noon	Village Hall, Ferry Lane, Postwick, Norfolk, NR13 5HL.	Granary Café, The Staithe, Ranworth, Norfolk, NR13 6HY.	Bob Forster, 2 Harbord Road, Frettenham, Norfolk, NR12 7ND. 01603 737540	Free	30 mile Run.
08/07/20	Walcott Run	12 noon	Village Hall, Ferry Lane, Postwick, Norfolk, NR13 5HL.	Kingfisher Café, Coast Road, Walcot, NR12 0AP.	Brian & Jimmy Francis, 32 Borton Road, Blofield Corner, Norfolk, NR13 4RU. 01603 713767.	Free	30 mile Run.
09/09/20	Cromer Run	12 noon	Village Hall, Ferry Lane, Postwick, Norfolk, NR13 5HL.	Blue Sky Café, Runton Road, Cromer, Norfolk, NR27 9AU. 07833 682917	Brian & Jimmy Francis, 32 Borton Road, Blofield Corner, Norfolk, NR13 4RU. 01603 713767.	Free	30 mile Run