

**Norwich and District VMCC  
Wednesday Runs 2019 18/10/18**

<b>DATE</b>	<b>NAME OF RUN</b>	<b>ORGANISER</b>
24/04/19		
01/05/19		
08/05/19		
15/05/19	CLUB NIGHT	
22/05/19		
29/05/19	Ranworth Broad Run	Bob Forster
05/06/19		
12/06/19		
19/06/19	CLUB NIGHT	
26/06/19		
03/07/19		
10/07/19	Walcott Run	Brian and Jimmy
17/07/19	CLUB NIGHT	
24/07/19		
31/07/19		
07/08/19		
14/08/19		
21/08/19	CLUB NIGHT	
28/08/19		
04/09/19		
11/09/19	Cromer Run	Brian and Jimmy
18/09/19	CLUB NIGHT	
25/09/19		
02/10/19		
09/10/19		
16/10/19	CLUB NIGHT	
23/10/19		
30/10/19		